



## INSOLES FOR LIFE

Most insoles need to be replaced every six months. What a waste of money — and don't even get us started on the environmental impact. That's why we do things differently.

Tread Labs insoles have a unique, two-part design. A molded arch support that lasts forever (okay, up to one million miles), and an interchangeable top cover you can peel off and replace to make your insoles like new again.

[SEE HOW IT WORKS](#)

## MILLION MILE GUARANTEE

Did you know the average person walks about 100,000 miles in their life? But we're not about average. That's why we guarantee our insoles for one million miles.

So, if they ever break or lose their shape? Just get in touch and we'll send you a new pair. No questions asked. And if you do walk a million miles? Heck, we'll send your feet a trophy.

[GET THE DETAILS](#)


## THE HEIGHT OF COMFORT

Most over-the-counter inserts are one-size-fits all. We think that's crazy. Flat Foot Fred and Bella Ballerina in the same inserts? Not if they want their feet happy.

Here's the reality: Whether you suffer from a painful condition like plantar fasciitis or just want a little extra cushioning on that long run, you need to get to know your own feet. And that starts with arch height. We make it easy. Do you have low, medium, high, or extra high arches?

[FIND YOUR FIT](#)

## HOW FIRM DO YOU LIKE IT?

Just like a mattress, insoles come in different levels of firmness. Pick the one that's perfect for you.



### FIRM | RAMBLE

If you stand all day, love to walk, run or hike, or are new to wearing insoles, Ramble insoles are your go-to. With our most flexible arch support, Ramble insoles revive tired feet with the comfort you crave.

[DISCOVER RAMBLE](#)


### EXTRA FIRM | PACE

Need firmer arch support? Pace insoles are for you. If you suffer from plantar fasciitis, overpronate severely or are especially heavy on your feet, the extra firm arch support of Pace is your best choice.

[SHOP PACE](#)


### ULTRA FIRM | DASH

100% carbon fiber arch supports make Dash insoles super-strong, ultra-lightweight and nearly rigid. They're best for performance athletes, people who overpower other insoles, and those with especially flat feet.

[EXPLORE DASH](#)

## INDULGE YOUR FEET IN SOFT LUXURY

Upgrade your insoles with Shearling Top Covers

## YOUR SLIPPERS WILL FEEL JEALOUS

How do you express the sheer joy of your feet first touching down on Shearling Top Covers? There are no words. Only a deep sigh of pleasure. "Ahhh..." Followed by a whisper, "Where have you been all my life?"

It's okay. We're here now. And we'll stay with you every step of the way. Top covers attach to all arch supports.

[SHOP SHEARLING](#)
