

TOSS'ABLES GARLIC AND HERB

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Garlic & Herb Toss'ables are hearty and tasty enough to substitute for meat in all your favorite dishes. Try them in pasta, rice bowls... even veggie burritos. There's no craving these Toss'ables can't fix.

- Vegan
- Gluten free
- USDA organic
- Non-GMO project verified
- 14 grams of plant-based protein per 3 oz. serving
- No preservatives
- Cholesterol-free food
- Seasoned, baked & ready to serve
- Pairs perfectly with a variety of dishes



INGREDIENTS

Organic tofu, water, organic rice vinegar, organic sugar, organic garlic powder, salt, organic canola oil, salt, organic onion powder, organic oregano, organic basil, organic black pepper, organic caramel color.

CONTAINS: Soy



[VIEW NUTRITIONAL INFORMATION](#) ▼

RECIPES MADE WITH TOSS'ABLES GARLIC AND HERB



FARFALLE WITH PESTO, KALE & GARLIC "PARMESAN" CRUSTED TOFU

[TRY IT NOW](#)

[SEE ALL RECIPES](#)

DID YOU KNOW?

Cornstarch holds the key to crispiness! Tossing tofu in cornstarch and giving it a light coating helps it take on a truly **crispy crust** when pan-searing or frying.

[Learn More Fun Facts!](#)

READY TO EAT - no mess, no prep, just toss in salad, pasta & more!

Resealable

30mm



Packed with
Plant-Based Protein
14 grams per 3 oz serving

Toss'ables

GLUTEN
FREE

Balsamic Vinaigrette

8mm



Serving
Suggestion

PERISHABLE
KEEP REFRIGERATED

NET WT 7 OZ (198g)

SEASONED BAKED TOFU CUBES

READY TO EAT - no mess, no prep, just toss in salad, pasta & more!



Toss'ables

GLUTEN
FREE

Balsamic Vinaigrette

Eating healthy is easy when you've got Toss'ables on the menu. Packed with plant-based protein, pre-marinated in mouthwatering flavors, and pre-cubed for maximum convenience, Toss'ables takes the work out of eating right, so you can skip the mess and dig right in.

Balsamic Vinaigrette Toss'ables are especially good sprinkled over your favorite salad, or packed in your lunchbox for a quick and delicious protein fix on the go. Visit us at www.nasoya.com for recipes and more!



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Nutrition Facts

About 2.5 servings per container
Serving size 3oz (85g / about 16 pieces)

	Per serving	Per container
Calories	150	350
	% DV*	% DV*
Total Fat	8g 10%	18g 24%
Saturated Fat	1g 5%	2.5g 12%
Trans Fat	0g	0g
Cholesterol	0mg 0%	0mg 0%
Sodium	250mg 11%	580mg 25%
Total Carb.	6g 2%	14g 5%
Dietary Fiber	<1g 2%	1g 4%
Total Sugars	2g	5g
Incl. Added Sugars	1g 2%	2g 4%
Protein	14g 26%	33g 61%
Vitamin D	0mcg 0%	0mcg 0%
Calcium	60mg 4%	140mg 10%
Iron	2.4mg 15%	5.7mg 30%
Potassium	120mg 2%	280mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ORGANIC TOFU (WATER, ORGANIC SOYBEANS, MAGNESIUM CHLORIDE, CALCIUM SULFATE), ORGANIC BALSAMIC VINEGAR (ORGANIC WINE VINEGAR, ORGANIC CONCENTRATED GRAPE MUST), WATER, ORGANIC EXTRA VIRGIN OLIVE OIL, ORGANIC SUGAR, ORGANIC GARLIC POWDER, SALT, ORGANIC ONION POWDER, ORGANIC CARAMEL COLOR, ORGANIC BLACK PEPPER, ORGANIC TAPIOCA STARCH, ORGANIC CHILI PEPPER, ORGANIC OREGANO, ORGANIC BASIL, XANTHAN GUM.

CONTAINS: SOY
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