



Here for seniors and their families.

Cahoon Care Associates is a non-medical home care agency serving seniors and their families throughout Greater Boston, the South Coast, Cape Cod and the Bar Harbor and Blue Hill areas of Maine. By providing highly customized healthcare services, we help seniors maintain their independence, self-dignity, safety and routine — and give their loved ones peace of mind.



CAHOON CARE ASSOCIATES, LLC

Real people. Real care.



Real people. Real care.

“I will sing Cahoon Care’s praises to everyone I meet. I know that my father enjoyed his last year of life here in Norwell, and I thank you all for making it possible.”

—The Moore and Hurley families

A family affair

A private, family-owned business, we take pride in treating every client like a member of our own family. Margery Cahoon Parker and daughter-in-law Carolyn Parker founded Cahoon Care in 2010 and play a hands-on role in managing our clients’ care.

Margery previously spent nearly 30 years as a healthcare industry analyst and portfolio manager. Carolyn, meanwhile, has over 25 years of experience in senior care and has managed and worked directly with seniors in settings such as nursing homes, rehabilitation facilities and private homes. Their deep industry experience, sense of accountability and commitment to high standards guide all we do.

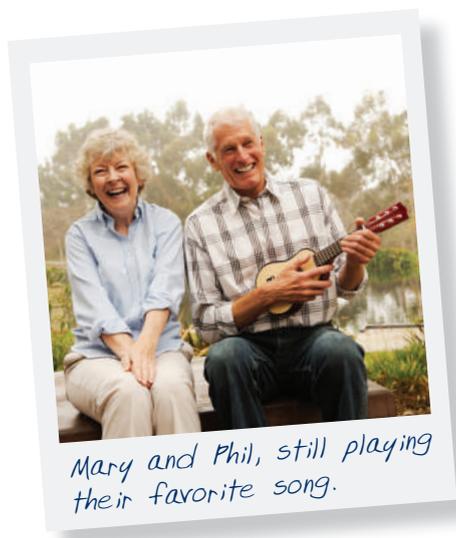
Our team

The quality of our caregivers and care managers helps us deliver the best care possible to every client. Our care team is available 24/7 to address family members’ concerns.

At Cahoon Care, only the best caregivers make the grade. We have an extremely thorough screening process and hire just four to five percent of candidates whom we interview. Our caregivers average over seven years of in-home care experience, and they receive ongoing training and education to stay up to date on advancements in the home care and medical industries.

The care managers we hire must meet similarly demanding standards. Each client is assigned a care manager, who creates a customized care plan designed to meet the client’s specific needs, is responsible for ensuring the care plan is being followed and regularly visits the client to check in.

We’d love to have you join our Cahoon Care family. Please contact us today to learn more.
Cahooncare.com | 781-659-1877 (Norwell, Mass.) | 207-667-0870 (Ellsworth, Maine)



You can count on us.

Cahoon Care Associates is a private, family-owned business that has provided non-medical, at-home senior care services since 2010. We understand the many concerns that lead people to explore our services — and we're here to help with our special brand of compassionate, highly customized care.



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Consider Cahoon Care if you need:

- Intensive, 24/7 care in both your primary and vacation homes
- Extra assistance during a stay at a hospital or rehabilitation facility
- Care to supplement what you're receiving at a nursing home or assisted living facility

How can we serve you?

At Cahoon Care, we tailor our at-home care to the specific needs of each client and his or her family. The following specialized services are available for as little as four hours a week or as much as 24 hours a day, seven days a week.

Personal care. Many everyday activities become more difficult as we age. Cahoon Care can lend a hand when you need it. Through personal care services like bathing, dressing, cooking, toileting and light cleaning, we help you remain in your home comfortably and safely.

Companion care. Living on your own can be a lonely experience. If you have limited mobility and/or are recovering from a hospital stay, it's nice to have a little company. Our caregivers are there to bring you to medical appointments, prepare meals, read books or simply sit down and talk.

Alzheimer's and dementia care. Caring for a loved one with Alzheimer's disease or other forms of dementia can be very challenging. Our caregivers can lighten your load. We

engage clients in activities such as storytelling, scrapbooking, meal preparation and creative exercises for mental stimulation. In addition, we offer transportation to activities and alternative therapies such as music, pet, reiki and weighted blanket therapies.

Above-and-beyond care. Whether you need assistance while recovering from surgery or with adhering to your medication regimen, our care managers will design and oversee a care plan that's right for you and your family.

Home care, elsewhere. Our caregivers can deliver the personalized, attentive, care you require, no matter where you are. In addition to caring for you in the comfort of your own home, we can help in other environments.

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Helping Your Loved One in Assisted Living



Peace of mind for your family.

Cahoon Care Associates provides intensive, highly customized assistance for seniors in settings including homes, hospitals and assisted living facilities. Learn how we can serve your loved one in the assisted living environment to give your family reassurance.



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“I am so grateful you were there with my father at the end to watch over him, keep him comfortable and hold his hand when I could not. It truly felt like you were a part of the family.”

—Isabel, New York City

How can Cahoon Care enhance your loved one's experience in an assisted living facility?

Make transitions easier.

- Moving from home to an assisted living facility can be difficult and unsettling. Our care team can help your loved one get acclimated to the new setting and ensure he or she feels safe and welcomed.
- Following a hospital stay, your loved one may need a more intensive level of care than what assisted living facilities typically offer. Our caregivers can help while he or she recovers.

Provide enhanced care.

- By supplementing the care available in an assisted living facility, we make sure all of your loved one's needs are met. Since we deliver one-on-one care, we can spend more time with him or her than assisted living staff can, offering companionship and extra assistance when needed.

Deliver specialized care.

- Cahoon Care specializes in caring for people with Alzheimer's disease or other forms of dementia along with anxiety or depression, helping them feel comfortable and secure.
- We can help if your loved one exhibits certain behaviors (e.g. a tendency to wander or fall) that assisted living facilities cannot accommodate at all times.
- Your loved one's caregiver can take him or her to doctor's appointments, serve as your family's advocate and take detailed notes of after-care instructions to share with you.

Enable a longer stay in assisted living.

- With additional care, your loved one will be more likely to enjoy the assisted living environment, delaying or eliminating the need to transition to a nursing home.

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