

Marathon Epilogue: Sore ... and Successful

By Mark Herman



Thanks to the fantastic moral and financial support of my friends and family, I am delighted to report that I finished the Boston Marathon and raised over \$35,000 for Spaulding's new Spinal Cord Injury Unit.

The April 16 run was truly an inspirational journey for me. I experienced some incredible emotional highs courtesy of the cheering crowds all along the course - from the start in Hopkinton to Wellesley (where my wife Jen and kids had "Go Daddy Go" signs) to Heartbreak Hill and my alma mater Boston College to the finish line at Copley Plaza.

My favorite line of the day came as I stood in the wind and rain waiting for the starting gun. A friend leaned over to me and said, "And we had to take a vacation day to be here."

Despite the less-than-ideal conditions, all 13 of the runners on the Spaulding team completed the race. Three of us even managed to finish in less than four hours. Better yet, the team brought in a total of over \$100,000 for Spaulding.

Again, many thanks for everyone's sponsorship and encouragement. I greatly appreciate those who supported me and Spaulding's mission to help those in need to get well, live well and stay well!

Mark serves on the board of trustees of Spaulding Rehabilitation Hospital.



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REBUILDING LIVES

SPAULDING DEVELOPMENT NEWSLETTER

Message from the President



Dear Spaulding Community,

I'm pleased to welcome you to the first edition of Rebuilding Lives, the official newsletter of Spaulding Rehabilitation Hospital's Development Office. This newsletter will help keep members of the Spaulding community informed about the exciting things happening at the Spaulding Rehabilitation Hospital Network.

I encourage you to read through Rebuilding Lives to learn about the progress we've made on Your New Hospital, including an overview of the green features we're looking into incorporating and the latest milestones we've achieved in the capital campaign.

We also have news on a technological innovation at Spaulding that is helping children with cerebral palsy to walk, as well as a new tax-saving opportunity for Spaulding donors who are 70 years of age or older.

Finally, trustee Mark Herman offers a first-hand account of running the Boston Marathon to raise funds for Spaulding.

In future issues of Rebuilding Lives, we will share inspiring stories about patients who are enjoying remarkable recoveries at Spaulding. We will also provide glimpses into the important research being conducted here and our advocacy efforts on behalf of those with disabilities.

I hope Rebuilding Lives will strengthen your connection with Spaulding by showing you the many ways we are making a real impact. As always, thank you for your continued support of Spaulding.

Sincerely,

Judith Waterston, President and CEO

SAVE THE DATES

4th Annual
Golf Tournament:
Monday, June 25
at TPC Boston

Set Sail 2007:
Sunday, September 16
at the Spaulding Pier



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New Hospital, New Possibilities

By David Rosenbloom, Ph.D.

Spaulding has nearly completed the design phase of *Your New Hospital*, which will be the first stand-alone green rehabilitation hospital in the United States.

Residing on the banks of Boston Harbor in the Charlestown Navy Yard, *Your New Hospital* will boast 240,000 square feet of state-of-the-art rehabilitative care and research space. The \$150 million

facility will help Spaulding to maintain its reputation as one of America's finest research, teaching, physical medicine and rehabilitation hospitals.

Recent years have shown we can no longer do our best work in our current hospital. In our new facility, we will be able to move forward with new technologies, clinical approaches and research possibilities, creating a much more effective rehabilitation environment.

Your New Hospital will house the Schoen Family Therapeutic Aquatic Center, the Bruschi and Stepanian Therapeutic Gymnasiums, the Barrett/Vila Therapeutic Rooftop Garden and other features that will enhance the healing process for our patients.

The facility will also make stays more comfortable for patients and families alike thanks to all single, private patient rooms; a fully equipped, functional living apartment; larger dining rooms on each floor; a waterfront café with outdoor dining and more.

A Green Future Ahead

Your New Hospital has drawn national attention for its incorporation of many green features. While a green building costs more money to construct than a traditional building, it generates long-term energy savings and is much better for the environment.

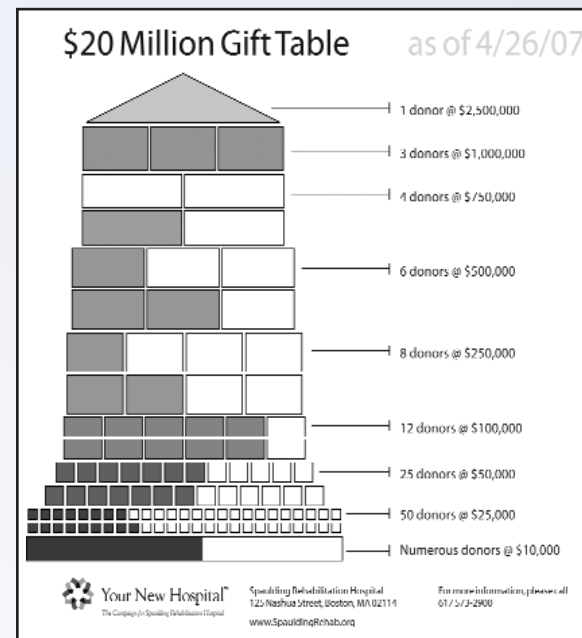
Last August our capital campaign got a nice boost in the form of a \$60,000 Green Building Initiative Grant from The Kresge Foundation. Spaulding is the first Massachusetts hospital to be awarded a Kresge Green Building Initiative Grant and the fourth non-profit in eastern Massachusetts to be selected for the green planning program.

We used these funds to hold a green roundtable, hosting some of the nation's leaders in environmentally conscious building and landscape design, and to consult with renowned green building expert Buro Happold. The grant is also enabling Spaulding to analyze a variety of design options to incorporate green features that consider the needs of our patients, visitors and staff.

At this point, we are looking into including green elements such as these in *Your New Hospital*:

- Post-consumer cotton denim insulation.
- Grass rooftop gardens that will absorb water runoff and help regulate building temperature.
- A robust day-lighting plan that will deliver the maximum amount of daylight into as much of the building as possible.
- A rainwater reclamation system that will enable us to reuse rainwater for landscaping and irrigation.
- Low-polyvinyl chloride (PVC) paints, cleaners and flooring that will lower the emittance of chemicals.

Capital Campaign Reaches New Heights



On the fund-raising front, the *Your New Hospital* Campaign has surpassed the \$14 million mark, pushing us to over 70% of our \$20 million goal.

We have now completed the top portion of the gift pyramid, signifying a close to the leadership phase of the capital campaign.

The leadership gift from the A.W. Baldwin Charitable Foundation has made a great impact on our campaign. In 2006 the foundation pledged \$2.5 million, Spaulding's largest gift ever. Three other leadership donors have made \$1 million commitments: the Charlton Foundation, Mrs. Henry Riemer and The Schoen Family Foundation. These gifts have helped to change the culture of philanthropy at Spaulding.

In March we received our largest-ever planned gift of \$750,000 from long-time Spaulding friend and overseer Mary "Pat" Price. This contribution serves as a reminder that donors can support our campaign in many ways, from planned gifts and gifts of stock to bequests and annuities.

The future of rehabilitative care in Boston is getting closer every day. We look forward to providing updates on our progress - in terms of both construction and fund-raising - in the months ahead.

Young Patients with Cerebral Palsy Making Great Strides

By Jessica Wolfe



Kids with cerebral palsy have historically had limited therapeutic options for rehabilitation. Two investigators at Spaulding's Motion Analysis Laboratory are trying to create new possibilities for this patient population.

Paolo Bonato, Ph.D., and Donna Nimec, M.D., are conducting a study using a pediatric version of the Lokomat, a robotics-driven machine that provides gait training. While the Lokomat has shown success with adults suffering from various neurological disorders, it had never been tried with children - until now.

Dr. Bonato and Dr. Nimec's study, currently in the clinical evaluation stage, employs a version of the Lokomat that is adapted for pediatric use. While there are hospitals in Europe using Lokomat devices for children, Spaulding houses the only machine of its kind in the United States.

The Lokomat features a basic treadmill with horizontal bars for support. The patient is suspended above the treadmill and fitted with computerized devices that move his or her legs to simulate walking.

Over the course of weeks or months, the children gradually take on more of their own weight, building better speed and endurance. Some are eventually able to walk on their own without an assistive device.

Spaulding's Lokomat has special attachments that accommodate the shorter stride of children. Pediatric patients come in for three hourly sessions each week for six weeks and then return three months later for further assessment.

"Dr. Nimec and I are very much encouraged by our preliminary results and believe that Lokomat training has great potential to improve mobility in children with cerebral palsy," said Dr. Bonato.

Become a part of Spaulding Rehabilitation Hospital's Legacy Society

Honoring Spaulding with a gift from your estate qualifies you as a member of our Legacy Society. Society members have established life income gifts, have included a bequest to benefit Spaulding in their will or have included Spaulding in their estate plans in other ways.

As a Legacy Society member, you will receive select mailings and invitations to special events. More importantly, your membership will help ensure Spaulding continues to meet the highest standards for patient care, education and research.

Please let us know if you have included Spaulding Rehabilitation Hospital in your estate plans or would like more information on becoming a member of the Legacy Society by contacting Melissa Forger at 617-573-2911 or mforger@partners.org.